



### SPRING PROGRAMS 2017

The Wellsboro Parks & Recreation is accepting registrations for the upcoming mini-series of Spring Recreational programs. Openings exist in all areas of programming and are available on a first come, first serve basis. Some programs have limited space available, so register now! Online registration and payment may be completed by going to [www.wellsbororecreation.org](http://www.wellsbororecreation.org) and clicking on the program registration tab.



**Packer Pool Family Season Pass: \$99. During the Month of April 2017. Great Family Fun "All Season Long!"**

**POOL MEMBERSHIP DRIVE:** We are making every attempt to make it affordable for every area family to swim in the heated waters of Packer Community Pool. Purchase your season pass prior to April 30, 2017 and take advantage of the early bird pricing! Pool opens for the season **June 7, 2017**. Tickets go on sale beginning **April 1 - 30, 2017 Family \$99. May 1- 31, 2017 Family \$132 Individual \$69 Rates after June 1, 2017 - Family \$149 Individual \$84**  
Daily Rates: Adults: \$3.75 Students: \$3.50 Baby Pool: \$2.50 HOURS WILL BE: MONDAY – FRIDAY 1-7pm SATURDAY & SUNDAY 1-6pm

**LEARN TO SWIM:** Everyone should "Learn to Swim!" Register for one or both sessions of swimming lessons. Classes held M, T, TH, F No class Wednesday  
**Session I:** June 19 to June 30, 2017 **Session II** July 3 to July 14, 2017 Online Registration opens May 1, 2017 Fee: \$37/session  
**Beginner** 10 -10:30, 11 - 11:30 & 11:30 - Noon **Intermediate** 9:30 - 10:00am **Advanced Stroke** 9:00 - 9:30 am

**LIFEGUARD COURSE:** **June 12-19, 2017** 8:00am – 1:00pm daily. Packer Pool (Classroom sessions conducted at the Old High School)

Course Pre-Requisites: 15 years' old

- MUST BE ABLE to Swim 300 yards continuously demonstrating breath control and rhythmic breathing.
  - Tread water for 2 minutes using only the legs.
  - Complete a timed swimming event within 1 minute, 40 seconds, exit the water without using a ladder or steps. **New Certification \$195**
- Call 724-0300 to register or go online to [www.wellsbororecreation.org](http://www.wellsbororecreation.org) and go to program registration tab

**PACKER POOL BIRTHDAY PARTIES:** \$75.00 for up to 20 people 2 hours 12:00 – 2:00 Call 570-724-3650 for more information

#### SPECIAL EVENTS

**EASTER EGG HUNT:** Don Gill School, **Saturday April 15, 2017** Prizes, Prizes, Prizes! Egg hunt beginning at 11:00 am. Areas will be designated for 3 yrs. and under, 4-6 yrs., 7-9 yrs. and 10-12 yrs. As a special feature, the Easter Bunny has been invited and will be available for photos. FREE!!

**LIONS CLUB EASTER EGG HUNT:** **Saturday April 8, 2017** (Rain date Sunday April 9, 2017) Woodland Park TIME 11:00 am – 2:00 pm

**LITTLE LEAGUE OPENING DAY:** **April 22, 2017** 10:00 am at Packer Park. Join us for the grand parade down Main Street in Wellsboro. Join in the fun and come watch the games. Opening ceremony at noon with games to follow.

**MENTORED YOUTH TROUT DAY:** **April 8, 2017**, 8 am – 7:30 pm. Hamilton Lake, Wellsboro PA. Operated by PA Fish and Boat Commission.

To Participate: Adult anglers (16 years of age or older) must possess a valid PA Fishing license and a current trout/salmon permit and be accompanied by a youth angler (less than 16 years of age) who has a Mentored Youth Fishing Permit or a Voluntary Youth Fishing License. FMI [www.GONEFISHINGPA.com](http://www.GONEFISHINGPA.com)

**WELLSBORO SPRING 12U BASEBALL TOURNAMENT:** May 21, 22, 2017 Starts 9:00 am Charleston Recreation Field Spectator Only  
FMI contact Steve Adams 570-916-1189

#### YOUTH PROGRAMMING

**HIKING WITH KIDS:** 9am April 20, April 27, May 4, and May 11. FREE Join other parents and their young children for some hikes through the woods! The first week, we will meet at Woodland Park for a one/tenth of a mile hike, long enough for little legs to get used to hiking. We will then go to Lake Nessmuk, Ives Run, and Hills Creek parks for hikes that increase (a little) in length and difficulty. Closed toed shoes recommended. For more information, please contact Sarah Duterte at [saraherice@gmail.com](mailto:saraherice@gmail.com), so she can keep you informed on where to meet up each week and any cancellations. FREE!

**PLAYING WITH SCIENCE: Grades 1-4.** An after school STEM (Science Technology Engineering Math) enrichment program designed specifically for elementary age students. Students will be introduced to a variety of science and engineering concepts through fun, hands-on, problem solving activities. 6-week session 1 Day a week (Wed. or Thurs.) Class size limited FMI: Please contact Rachel or Melina at [playingwithsciencewellsboro@gmail.com](mailto:playingwithsciencewellsboro@gmail.com) **Registration opens March 27, 2017 Class size limited to 16 each day Program starts:** Wed. April 5, 2017 OR Thursday April 6, 2017 3:30 – 5:00 pm Don Gill Art Room **Fee: \$55.00**

**KARATE: AGES 6-10.** Venture into the martial arts and build self-esteem, learn discipline, lifetime fitness, and self-defense techniques.  
Monday Evenings Don Gill Gym 6:00 – 7:30 pm **Instructor:** Bill Shumway, 4<sup>th</sup> degree Black Belt **Fee:** \$30.00

**STEPS OF EXPRESSION:** Dance recital – May 6, 2017 1:30 pm @ Wellsboro High School Auditorium. Recital is Free and open to the public.

**WELLSBORO AREA YOUTH SOCCER (WAYS)** - Registration for the Fall WAYS season will open on April 1, 2017. The registration fee per player is as follows: Grades Kindergarten, First, Second - \$35.00; Grades Third, Fourth, Fifth, Sixth - \$40.00. (No sibling discount.) **Registration will close on June 9<sup>th</sup>.** Any registration accepted after that date would be charged \$50.00 per player. Each participant will receive a soccer jersey and matching socks. Registrations are being accepted online or at the Parks and Recreation office. **SPECIAL PRICING – ONE NIGHT ONLY – APRIL 27<sup>th</sup> – 4:00-7:00pm – IN PERSON REGISTRATION** - We will hold a special, one night only, in person registration on Thursday, April 27<sup>th</sup> from 4:00-7:00pm at the Community Center on Queen Street (by Packer Park). *All registrations handed in that evening will receive a \$10.00 per player discount.*

**SMALL FRY FOOTBALL: FALL SEASON Registration will open online April 1, 2017**

**Registration Fee: \$40, \$35 for each additional family member** Small Fry Football/Flag Football: Grades K-6. Join the /NTL Small Fry League! We will be playing Cowanesque Valley, Southern Tioga, Troy, Canton, Sayre, Towanda, and Wyalusing. There will be home and away games on the weekends. Grades 1-6 are tackle formatted league. Kindergarten will be flag football format. All equipment furnished (except shoes). Practices are after school and begin in August. Travel is required. **Copy of birth certificate required to register.**

**LITTLE STINGERS CHEERLEADING: FALL SEASON Registration will open online April 1, 2017 (Volunteer Coaches Needed. Give Mona a call!)**

**Registration Fee: \$30** Learn the basics of cheerleading. Cheers and dance routines with uniforms provided (except shoes, shirt). Cheerleading camp to be held in August, more information to follow. The Lil' Stingers will perform for all Small Fry Football home games on Sunday afternoons. Program is open to Wellsboro area residents entering 1-6 grades. **Copy of birth certificate required to register.**

**SUMMER COMPETITIVE SWIM TEAM: REGISTRATION: Friday April 28, 2017 5:00 pm to 7:00 pm Wellsboro Community Center, Queen Street.** Required costs: \$40 Swimmer Registration Fee (\$5 Sibling Discount) **PLUS** pool usage/membership fee. This is a community sponsored swim team available to swimmers of all ability levels in our area. Team format offers training and competition for all Male and Female youth ages 5-18 divided into five male and five female competitive age groups. Minimum Ability Requirement: Must be able to swim continuously for 25 yards (One length of the Pool). Greater Susquehanna Valley Swim League Competition. Family friendly flexible option of day or evening practices offered to fit busy summer schedules. Practice begins the last day of school. Team suit sizing and cash and carry suits will be available at registration. Competitive Dual Meet schedule begins in late June and finishes by the end of July concluding with a League Championship Meet. For additional team information, please visit our team's website [www.wellsboro.swimtopia.com](http://www.wellsboro.swimtopia.com)  
**Early Bird \$5 registration discount per swimmer, only if registered on or before evening of April 28<sup>th</sup>.**

## STEP OUTDOORS

**SPRING BIRDING SERIES:** Hills Creek State Park, every Saturday in April and May led by the Tiadaghton Audubon. April walks will begin at 8:30 AM and May walks will begin at 8:00 a.m. Beginners welcome, bring hiking attire and binoculars if you have them. 570-724-4246.

**SPRINGFEST:** Hills Creek State Park 10:00 am to 3:00 pm Saturday May 20, 2017. Highlights include: kayaking, SUP, canoeing, hiking, kids' crafts, and kids' fishing, fly tying, and casting activities, hikes and more planned. All activities are FREE and open to all ages! More info: [www.stepoutdoors.org](http://www.stepoutdoors.org) or 570.724.4246

**MID-WEEK HIKING SERIES:** Dates, times distance and locations vary. Contact Daryl Warren [rindercella@epix.net](mailto:rindercella@epix.net)

**SPECIAL OLYMPICS 5K RUN/WALK FUNDRAISER:** April 1, 2017 7:00 am to Noon Packer Park

**WALK WORKS:** Our latest initiative of Step Outdoors. Safe, PennDot approved walking routes are being developed in numerous communities throughout the county. Look for one coming to your community very soon.

**SPRING YOUTH TURKEY HUNT, TURKEY CALLING COMPETITION, FISHING DERBY & YOUTH FIELD DAY:** This is both a field event (Youth Turkey Hunt/Fishing Derby) AND on-site event. Youth are welcome to participate in one or all parts. Youth that do not have a parent/mentor to participate in the hunting/fishing field contests are encouraged to participate in the on-site activities. Volunteer mentors will be available to participate in on-site competitions and activities with these youth, but a parent/guardian must accompany them.

**May 13, 2017 at Arnot Sportsman's Club 12:00 noon Registration Deadline: May 1, 2017 NO CHARGE MUST PRE-REGISTER**

Questions contact: Ben Largey @ 570-362-1109 or [blargey@wellsborosd.org](mailto:blargey@wellsborosd.org)

## ADULT FITNESS

<b>INDOOR WALKING</b>	M, W, TH	5:30 - 7:00 pm	Old HS weight room entrance	Free	Begins Jan. 9, 2017
<b>MARTIAL ARTS</b>	M, W	6:00 - 8:30 pm	DG Gym	\$45	Bill Shumway
<b>TABLE TENNIS</b>	TH	7:30 - 9:00 pm	Admin Gym	Free	Gary Kennedy
<b>ADULT FUTSAL</b>	T, Sun	7:00 - 9:00 pm Sun 6-8 pm	Admin Gym	Free	Sam Mitchell
<b>INDOOR PICKLEBALL</b>	M, W, F	8:30 -10:30 am	Admin Gym	Free	Bruce Bilder/Marge Hoffman
<b>BASKETBALL MENS OPEN</b>	M, W	7:00 - 9:00 pm	Admin Gym	Free	Geoff Coffee
<b>BASKETBALL MENS PICK UP</b>	Sun.	11:00 -1:00 pm	Admin Gym	Free	Geoff Coffee
<b>MENS RECREATIONAL BASKETBALL</b>	T.	7:00 - 9:00 pm	MS Old Gym	Free	Todd Coolidge
<b>WEIGHT ROOM:</b>	<b>Morning Hours:</b> M, W, F	5:30 – 8:00 a.m.	T, Thurs 5:30 - 6:30 am	Saturday 9:00 – 11:30 a.m.	
	<b>Evening Hours:</b> M, W	5:00 – 8:30 p.m.	T, Thurs. 5:00 – 7:30 p.m.	Fri. 5:00 – 6:00 p.m.	
	WASD Students M – F	2:30 – 5:00 p.m.	<i>(Students are admitted free)</i>		

FEE: (1 year \$48.00) (9 months \$36.00) (6 months \$24.00) (3 months \$12.00) (Monthly Fee of \$4.00) Admin Bldg. FMI 570. 724.0319

**MARY LOU PUTMAN FITNESS CENTER: WELLSBORO HIGH SCHOOL. Want a Free Family Membership? Volunteer hours' available call 724-0320 FMI Family**

Membership: **12 months** \$250 **6 months** \$175 **3 months** \$120

Individual Membership: **12 months** \$175 **6 months** \$125 **3 months** \$87

\$5.00 Drop in Fee Golden Age (60 +) half price Individual memberships with a Gold Club Card FMI [www.wellsborosd.org](http://www.wellsborosd.org) Fitness Center Tab

## PERSONAL FITNESS

**ALL LEVELS YOGA:** Each class will build upon the previous one, beginning with basic postures and flowing through sun salutations. No need to have previous yoga experience. Just bring a mat, a bottle of water and an open mind. Monday, Wednesday evenings 6 weeks

**Starts: Monday April 24, 2017** 6:30-7:30 pm Charlotte Lappla Gym **Instructor:** Gena Rasmussen **Fee:** \$39 (1), \$59 (2 days)

**PIYO LIVE:** A unique blend of Pilates, Yoga and Strength Moves. A strength training and core conditioning format for people who like to sweat! Short bursts of cardiovascular work and strength incorporating dynamic balance, dance condition, plyometric, rhythmic movements and power strengthening moves that burns calories & tones. The moves are fun and the music is inspiring. All fitness levels welcome!! Tuesday & Thursday 6 weeks

**Starts: Tuesday April 25, 2017** 5:30 - 6:30 pm Charlotte Lappla Gym **Instructor:** Donna Emmick **Fee:** \$39 (1), \$59 (2 days)

**POWER 60** – This class combines fat burning cardio with total body sculpting & strength. We will utilize challenging segments of cardiovascular work, muscle conditioning, and other athletic drills to ensure a complete total body workout. Experience the energy and endorphin rush moving from one segment to another for a full hour! Each week will be a challenge; you will need weight, a mat, and water. 6 weeks

**Starts: Wednesday April 26, 2017** 4:45 -5:45pm Charlotte Lappla Gym **Instructor:** Donna Emmick **Fee:** \$39

**TYOGA RUNNING CLUB Thursday Night Runs** start at 6pm year-round from in front of the Community Center at Packer Park. Join one of two different pace groups for between 30 and 60 minutes of easy to moderate running covering between 3 and 6 miles typically. Occasionally, the group runs from a different location. Check the club's Facebook page for updates. [www.facebook.com/tyogarunningclub](http://www.facebook.com/tyogarunningclub) No registration required. Bring a Friend!!

## MARTIAL ARTS

**KARATE:** Instruction in the martial arts. Monday and Wednesday, 6:00 – 8:30 p.m. Don Gill Gym

**Instructor:** Bill Shumway, 4<sup>th</sup> Degree Black Belt. Fee: \$40. New session begins March 27, 2017

## ADULT SUMMER SOFTBALL LEAGUE

**CO-ED ADULT SOFTBALL LEAGUE:** Let's Play Ball!!! Wellsboro Parks and Recreation announces registration is open for the 2017 Adult Coed Softball League from now until April 1<sup>st</sup> or until all spots are filled. Registration fee is \$395. Website contains more information [www.wellsboroleague.com](http://www.wellsboroleague.com) or our Facebook Page: Wellsboro Adult Coed Softball League. To register or if you have questions contact Angie LaCoe at (607) 426-1368.

**CO-ED SOFTBALL "ALL NIGHTER" TOURNAMENT:** More information to come. Play will begin on Saturday morning and go straight through until we finish on Sunday. The entry fee is \$200/team. Meade St. Recreation Area, Wellsboro. Angie LaCoe, 607.426.1368 or [angielacoe@hotmail.com](mailto:angielacoe@hotmail.com)

## LEISURE

**TROUT UNLIMITED:** 1<sup>ST</sup> Monday of every month 7:00 – 9:00 pm Wellsboro Community Center Free

**SQUARE DANCING:** Come dance with the Canyon Squares, Wednesday evenings 7:00-9:00 p.m. at the Wellsboro Middle School Cafeteria. Public is encouraged to participate.

**WATERCOLOR: Beginner -Intermediate:** Learn the basic techniques of watercolor as you create your own masterpiece. Tuesday afternoons 2:00 – 4:30 p.m. Wellsboro Community Center. Fee: \$15/session.

**WELLSBORO COMMUNITY GARDENING CLUB:** Come join in the fun and share your love for gardening with others! Future events: Wildflower walks, guest speakers, Visits to community gardens, plant swaps and more! Meet last Monday of every month 6:30 – 8:30 p.m. at the Wellsboro Community Center. Coordinator: Bonnie Rogers, Master Gardener 570.724.1617

**RESERVE YOUR PICNIC PAVILION AT WOODLAND PARK, PACKER PARK, NESSMUK LAKE**

[www.wellsbororecreation.org](http://www.wellsbororecreation.org) 570.724.0300