



SPRING PROGRAMS 2018

Wellsboro Parks & Recreation is accepting registrations for the upcoming mini-series of Spring Recreation programs. Openings exist in all areas of programming and are available on a first come, first serve basis. Some programs have limited space available, so register now! Online registration and payment may be completed by going to www.wellsbororecreation.org and clicking on the program registration tab.

SPECIAL EVENTS

EASTER EGG HUNT: 4,000 EGGS! Don Gill School, Saturday March 31, 2018 Prizes, Prizes, Prizes! Egg hunt beginning at 11:00 am. Areas will be designated for 3 yrs. and under, 4-6 yrs., 7-9 yrs. and 10-12 yrs. As a special feature, the Easter Bunny has been invited and will be available for photos. FREE!!

LIONS CLUB EASTER EGG HUNT: Saturday March 24, 2018 (Rain date Sunday March 25, 2018) Woodland Park TIME 11:00 am – 2:00 pm

LITTLE LEAGUE OPENING DAY: April 21, 2018 10:00 am at Packer Park. Join us for the grand parade down Main Street in Wellsboro. Join in the fun and come watch the games. Opening ceremony at noon with games to follow – Charleston Recreation Area.

MENTORED YOUTH TROUT DAY: April 7, 2018, 8 am – 7:30 pm. Hamilton Lake, Wellsboro PA. Operated by PA Fish and Boat Commission.

To Participate: Adult anglers (16 years of age or older) must possess a valid PA Fishing license and a current trout/salmon permit and be accompanied by a youth angler (less than 16 years of age) who has a Mentored Youth Fishing Permit or a Voluntary Youth Fishing License. FMI www.GONEFISHINGPA.com

WELLSBORO SPRING 12U BASEBALL TOURNAMENT: May 19, 20, 2018 Starts 9:00 am Charleston Recreation Field Spectators Welcome! Coordinator: Kyle Smith



Packer Pool Family Season Pass Promo: \$99. During the Month of April 2018. Great Family Fun "All Season Long!"

POOL MEMBERSHIP DRIVE: Pool opens for the season **June 6, 2018**. We are making every attempt to make it affordable for every area family to swim in the heated waters of Packer Community Pool. Purchase your season pass prior to April 30, 2018 and take advantage of the early bird pricing! The earlier you purchase – the better the price! **April 1 - 30, 2018 Family \$99.** May 1- 31, 2018 Family \$132 Individual \$69 June 1, 2018 – Family \$149 Individual \$84
Daily Rates: Adults: \$3.75 Students: \$3.50 Baby Pool: \$2.50 HOURS Open Swim: MONDAY – FRIDAY 1-7pm SATURDAY & SUNDAY 1-6pm

LEARN TO SWIM: Everyone should "Learn to Swim!" Register for one or both sessions of swimming lessons. Classes held M, T, TH, F No class Wednesday
Session I: June 18 to June 29, 2018 **Session II** July 2 to July 13, 2018 Online Registration opens May 1, 2018 Fee: \$39/session
Advanced Stroke 9:30 - 10 am **Intermediate** 10:00 - 10:30am **Beginner** 10:30 – 11, 11 – 11:30, 11:30 - Noon

LIFEGUARD COURSE: Course offered first part of June. Exact dates/time to be determined. Call for details.. Packer Pool.
Classroom sessions conducted at the Old High School – Admin building.

Course Pre-Requisites: 15 years' old

- MUST BE ABLE to Swim 300 yards continuously demonstrating breath control and rhythmic breathing.
 - Tread water for 2 minutes using only the legs.
 - Complete a timed swimming event within 1 minute, 40 seconds, exit the water without using a ladder or steps. **New Certification \$195**
- Call 724-0300 to register or go online to www.wellsbororecreation.org and go to program registration tab

PACKER POOL BIRTHDAY PARTIES: \$85.00 for up to 20 people 2 hours 12:00 – 2:00 Call 570-724-3650 for more information

YOUTH PROGRAMMING

STEM Jr: Spring STEAM! After-school STEM exploration program for students in kindergarten and first grade. This spring our STEM Jr program will explore the science of art. The students will be introduced to various science and engineering topics through creative art using various mediums. Classes held at Don Gill on Wednesdays from 3:30 to 4:30pm for (6) weeks beginning April 4th. Cost is \$50. Registration opens 3/26/18

STEM ±: Spring STEAM! After-school STEM enrichment program for students in second and third grade. This spring the students will explore the many intersections of science and engineering with art, through fun, hands on projects. The program is designed to build teamwork, creativity, critical thinking, and problem solving skills. Classes held at Don Gill on Thursdays from 3:30 to 5:00 pm for (6) weeks beginning April 5th. Cost is \$55. Registration opens 3/26/18

KARATE KID: AGES 6-10. Venture into the martial arts and build self-esteem, learn discipline, lifetime fitness, and self-defense techniques. New session begins March 26th
Monday Evenings Don Gill Gym 6:00 – 7:30 pm **Instructor:** Bill Shumway, 4th degree Black Belt **Fee:** \$30.00

STEPS OF EXPRESSION: Dance recital – April 20, 2018 6:30 pm @ Wellsboro High School Auditorium. Recital is Free and open to the public.

SUMMER COMPETITIVE SWIM TEAM: Registration Night: Friday May 4th from 5 - 7 pm at the Wellsboro Community Center, Queen Street. Required costs: Swimmer Registration Fee: \$35 (\$40 after 5/4/18) **PLUS** pool membership fee (\$5 Sibling Discount). Team format offers training and competition for all Male and Female youth ages 5-18 divided into five male and five female competitive age groups. Minimum Ability Requirement: Must be able to swim continuously for 25 yards (one length of the pool). Greater Susquehanna Valley Swim League Competition. Family friendly flexible option of day or evening practices offered to fit busy summer schedules. Practice begins the last day of school. Team suit sizing and cash and carry suits along with complete swim shop will be available at registration. Competitive Dual Meet schedule begins in late June and finishes by the end of July concluding with a League Championship Meet. For additional team information, please visit our team's website www.wellsboro.swimtopia.com **Early Bird \$5 registration discount per swimmer, only if paid registration received on or before evening of May 4th.**

SPRING YOUTH TURKEY HUNT, TURKEY CALLING COMPETITION, FISHING DERBY & YOUTH FIELD DAY: This is both a field event (Youth Turkey Hunt/Fishing Derby) AND on-site event. Youth are welcome to participate in one or all parts. Youth that do not have a parent/mentor to participate in the hunting/fishing field contests are encouraged to participate in the on-site activities. Volunteer mentors will be available to participate in on-site competitions and activities with these youth, but a parent/guardian must accompany them. Questions contact: Ben Largey @ 570-362-1109 or blargey@wellsborosd.org
May 12, 2018 at Arnot Sportsman's Club 12:00 noon Registration Deadline: May 1, 2018 **NO CHARGE MUST PRE-REGISTER**

Fall Season Registration: Soccer, Football, Cheerleading

WELLSBORO AREA YOUTH SOCCER (WAYS) - SPECIAL PRICING – ONE NIGHT ONLY – APRIL 20th – 4:00-7:00pm – IN PERSON REGISTRATION - We will hold a special, one night only, in person registration on Friday, April 20th from 4:00-7:00pm at the Community Center on Queen Street (by Packer Park). **All registrations received at the In Person Registration on April 20th will receive a \$10.00 per player discount.** Online Registration opens on 4/21/18 for the Fall WAYS season at the regular per player price of \$55 and includes a team jersey and socks for each participant. To guarantee a spot on a team, **players must register by June 8.** Any registration accepted after June 8 will be charged \$75.00 per player. Registrations are being accepted online or at the Parks and Recreation office.

SMALL FRY FOOTBALL: FALL SEASON Grades K-6 **Registration Night at Wellsboro Community Center: Thursday, May 17, 6-8 pm – on online after 4/01/18. Come see us at Wellsboro First Friday's – we will even register you then. Registration Fee: \$50, \$40 for each additional family member** Small Fry Football. **\$30** Flag Football. Game play in the NTL Small Fry League consisting of teams from Cowanesque Valley, Southern Tioga, Troy, Canton, Sayre, Towanda, and Wyalusing. There will be home and away games on the weekends. Grades 1-6 are tackle format, kindergarten will be flag football format. All equipment furnished (except shoes). Practices are after school and begin in August. Travel is required. **Copy of birth certificate required to register.**

LITTLE STINGERS CHEERLEADING: FALL SEASON Grades 1-6 **Registration Night at Wellsboro Community Center: Thursday, May 17, 6-8 pm – on online after 4/01/18 (Volunteer Coaches Needed – Give Mona a call!)**
Registration Fee: \$30 Learn the basics of cheerleading. Cheers and dance routines with uniforms provided (except shoes, shirt). Cheerleading camp to be held in August, more information to follow. The Lil' Stingers will perform for all Small Fry Football games on Sunday afternoons. **Copy of birth certificate required to register.**



STEP OUTDOORS: Where Health Meets Adventure

SPRING BIRDING SERIES: Hills Creek State Park, every Saturday in April and May led by the Tiadaghton Audubon. April walks will begin at 8:30 AM and May walks will begin at 8:00 a.m. Beginners welcome, bring hiking attire and binoculars if you have them. 570-724-4246.

SPRINGFEST: Hills Creek State Park 10:00 am to 3:00 pm Saturday May 19, 2018. Highlights include: kayaking, SUP, canoeing, hiking, kids' crafts, and kids' fishing, fly tying, and casting activities, hikes and more planned. All activities are FREE and open to all ages! More info: www.stepoutdoors.org or 570.724.4246

Weekly Step Outdoor Events:

HIKING w/DARYLL WARREN: Monday & Saturday, 9am Dunkin Donut, Main St Wellsboro to carpool various hike locations.

TYOGA RUNNING CLUB - GROUP RUNS - TRC hosts group runs every Thursday. Meet at the USGS research lab (AKA fish lab) in Asaph at 6pm. Wear shoes to get wet crossing streams and exploring the trails in the area including several used for the annual Green Monster Trail Challenge as well as easier, slower paced run groups enjoying the rail trail surface. Distances vary from a few miles to "about 5". Varied abilities and new runners welcome. Interact with the club at For more information, please visit the TRC <https://www.facebook.com/tyogarunningclub>

WALK WORKS: Our latest initiative of Step Outdoors. Safe PennDot approved walking routes. Time to get off the couch and out of the house. Safe Walking routes have been developed in Wellsboro, Blossburg, and Mansfield. Families are encouraged to walk together and instill a lifelong fitness activity in your daily routine. For walking maps, go to <http://tiogapartnership.org/walkworks>

SPECIAL OLYMPICS 5K RUN/WALK FUNDRAISER: April 7, 2018 7:00 am to Noon Packer Park FMI: Tioga County Partnership for Community Health

ADULT FITNESS

INDOOR WALKING	M, W, TH	5:30 - 7:00 pm	Old HS weight room entrance	Free	Begins Jan. 8, 2018
MARTIAL ARTS	M, W	6:00 - 8:30 pm	DG Gym	\$45	Bill Shumway
TABLE TENNIS	TH	7:30 - 9:00 pm	Admin Gym	Free	Gary Kennedy
ADULT FUTSAL	T, Sun	7:00 - 9:00 pm Sun 6-8 pm	Admin Gym	Free	Sam Mitchell
INDOOR PICKLEBALL	M, W, F	8:30 -10:30 am	Admin Gym	Free	Marge Hoffman
BASKETBALL MENS OPEN	M, W	7:00 - 9:00 pm	Admin Gym	Free	Tom Mitchell
BASKETBALL MENS PICK UP	Sun.	11:00 -1:00 pm	MS Old Gym	Free	Tom Mitchell
MENS RECREATIONAL BASKETBALL	T.	7:30 - 9:30 pm	MS Old Gym	Free	Todd Coolidge

WEIGHT ROOM:	Morning Hours:	M, W, F.	5:30 - 8:00 a.m.	T, Thurs	5:30 - 6:30 am	Saturday	9:00 - 11:30 a.m.
	Evening Hours:	M, W	5:00 - 8:30 p.m.	T, Thurs.	5:00 - 7:30 p.m.	Fri.	5:00 - 6:00 p.m.
	WASD Students	M - F	2:30 - 5:00 p.m.	<i>(Students are admitted free)</i>			
	FEE: (1 year \$48.00) (9 months \$36.00) (6 months \$24.00) (3 months \$12.00) (Monthly Fee of \$4.00)				Admin Bldg.	FMI	570. 724.0319

MARY LOU PUTMAN FITNESS CENTER: WELLSBORO HIGH SCHOOL. Want a Free Family Membership? Volunteer hours' available call 724-0320 FMI
 Family Membership: **12 months** \$250 **6 months** \$175 **3 months** \$120
 Individual Membership: **12 months** \$175 **6 months** \$125 **3 months** \$87
 \$5.00 Drop in Fee Golden Age (60+) half price Individual memberships with a Gold Club Card FMI www.wellsborosd.org Fitness Center Tab

MARTIAL ARTS

KARATE: Instruction in the martial arts. Monday and Wednesday, 6:00 - 8:30 p.m. Don Gill Gym Fee: \$45. New session begins March 26, 2018
Instructor: Bill Shumway, 4th Degree Black Belt.

PERSONAL FITNESS

ALL LEVELS YOGA: Each class will build upon the previous one, beginning with basic postures and flowing through sun salutations. No need to have previous yoga experience. Just bring a mat, a bottle of water and an open mind. **Monday**

Starts: Monday March 19, 2018 6:30-7:30 pm Charlotte Lappla Gym **Instructor:** Gena Rasmussen **Fee:** \$59 (10 weeks)

ZUMBA with STACEY: Zumba is a fusion of Latin and International music/dance themes that create a dynamic, exciting workout, based on the principle that a workout should be "FUN AND EASY TO DO." The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body.

Starts Monday April 23, 2018 5:00-6:00 pm Charlotte Lappla Gym **Instructor:** Stacey Broughton **Fee:** \$39 (6 weeks)

BUTTS & GUTS: This creative class focuses on the core and lower body. Hit it hard below the belt exercises to tone and strengthen. This concentrated toning class focuses on the abs, glutes, legs and lower back using weights and body resistance. Working on all regions of the lower body and core. For everyone from the beginner to the highly experienced exerciser. Please bring water, mat and weights.

Starts Tuesdays April 24, 2018 5:00 -6:00 pm Charlotte Lappla Gym **Instructor:** Donna Emmick **Fee:** \$39 (6 weeks)

FULL STRENGTH: For anyone looking to get lean, toned, fit and strong. Using light, moderate or heavy weights to build strength in every major muscle group. We cycle through challenging moves to burn some serious calories and sculpt! No cardio here... just using free weights to challenge you every class with compound and isolation movements from circuits to floor work. You'll leave each class feeling stronger and motivated! All fitness levels welcome! You choose the intensity! Please bring weights & water.

Starts Thursday April 26, 2018 5:00-6:00 pm Charlotte Lappla Gym **Instructor:** Donna Emmick **Fee:** \$39 (6weeks)

ADULT SUMMER SOFTBALL LEAGUE

CO-ED ADULT SOFTBALL LEAGUE: Let's Play Ball!!! Wellsboro Parks and Recreation announces registration is open for the 2018 Adult Coed Softball League from now until April 1st or until all spots are filled. Registration fee is \$395. Website contains more information www.wellsboroleague.com or our Facebook Page: Wellsboro Adult Coed Softball League. To register or if you have questions contact Angie LaCoe at (607) 426-1368.

CO-ED SOFTBALL TOURNAMENT: June 2, 3 2018. More information to come. Play will begin on Saturday morning. Meade St. Recreation Area, Wellsboro. Angie LaCoe, 607.426.1368 or angielacoe@hotmail.com

LEISURE

TROUT UNLIMITED: 1st Tuesday of every month 7:00 - 9:00 pm Wellsboro Community Center Free

SQUARE DANCING: Come dance with the Canyon Squares, Wednesday evenings 7:00-9:00 p.m. at the Wellsboro Middle School Cafeteria. Public is encouraged to participate.

WATERCOLOR: Beginner -Intermediate: Starting April 10, 2018 Learn the basic techniques of watercolor as you create your own masterpiece. Tuesday afternoons 2:00 - 4:30 p.m. Wellsboro Community Center. Fee: \$15/session.

WELLSBORO COMMUNITY GARDENING CLUB: Come join in the fun and share your love for gardening with others! Future events: Wildflower walks, guest speakers, Visits to community gardens, plant swaps and more! Meet last Monday of every month 6:30 - 8:30 p.m. at the Wellsboro Community Center. Coordinator: Bonnie Rogers, Master Gardener 570.724.1617



RESERVE YOUR PICNIC PAVILION
WOODLAND PARK, PACKER PARK, NESSMUK LAKE

www.wellsbororecreation.org 570.724.0300