DOWNHILL SKIING

MIDWEEK TRAVELER SKI CLUB: Can you ski midweek? Have a desire to travel around in carpools? Ski Holiday Valley, Bristol, Holimont, Sawmill, Swain and more! PSIA certified instructors will accompany or lead the trips. Carpooling will be organized with group rates to area ski areas.

Adult level program. Leader: Tim McBride

BASKETBALL PROGRAM(s)

"BIDDY BASKETBALL" GRADE 1 & 2 – Boys (Monday) Girls (Wednesday) Calling all first and second grade boys & girls. A basketball program created just for you with tons of fun and excitement. Learn ball-handling skills, team concepts and set your sights on the hoop! 3:15 - 4:30 p.m. beginning February 22, 2016 at the Charlotte Lappla and continues for 4 weeks. Every participant will receive a program T-Shirt. Fee: \$20

Grades 3 & 4 Girls: Tuesday, Thursday Charlotte Lappla Gym 3:30–5:00 p.m.

Boys: Monday, Wednesday Middle School New Gym 5:30 –7:00 p.m. Joe Mann, Kyle Smith Coaches

Grades 5 & 6 Girls: Tuesday, Thursday Middle School New Gym 3:30 – 5:00 p.m. Keith Cavanaugh, Coach

Boys: Monday, Wednesday Middle School (Mon 5:30 – 7pm) & Admin Gym (Wed 3:15 – 5pm). Maureen Poirier

MARTIAL ARTS

<u>KARATE KID:</u> Venture into the martial arts & learn self-discipline, lifetime fitness, & self-defense techniques. Please register and pay online. Mondays, Don Gill Gym begins **January 4, 2016** 6:15 - 7:30 p.m. Ages 6 through 10 **Fee: \$25** for 10 weeks Instructor: Bill Shumway, Black belt.

PRE SCHOOL

TODDLER SONG PROGRAM: Morning Song (12 months - 4 years kids under 12 months with a sibling is free) Start your day off right by sharing some special time with your child! Through music, exercise, and use of specialized play equipment such as a parachute, ribbon sticks, and play scarves, your child will benefit from improved coordination and fitness. Toddlers will also benefit from organized play in a safe environment. Please note: Children must be walking to take this class. Classes will run TUESDAY mornings

Starts: January 19, 2016 6 weeks Old High School Gym 10:00am to 11:00am

REGISTER & PAY ONLINE at www.wellsbororecreation.org **Coordinator:** Sarah Rice Duterte **Fee:** \$29 (more than 1 sibling discount of \$10)

DANCE

<u>STEPS OF EXPRESSION:</u> Ages 4 - Adult. Students grouped according to ability. Classes held at Don Gill on Tuesday Nights. Classes start Tuesday January 12, 2016 \$65 for 45-minute 3 or more classes are ½ price per student Class times: Tuesday between the hours of 3:30 – 8:30 p.m. Classes offering instruction in Ballet, Pointe', Jazz, Hip Hop, Twirling (Baton), Tumbling, Lyrical, and Tap. **PLEASE REGISTER & PAY ONLINE** Judi Kennedy 570-439-6097

DANCE RUSH: Invitational Competitive Dance Group, Monday's starting January 4, 2016, Don Gill Cafeteria 3:30pm – 8pm FMI Judi Kennedy 439-6097

BASEBALL & SOFTBALL

WELLSBORO LITTLE LEAGUE REGISTRATION: Online Registration will open December 1, 2015 and Close February 28, 2016

Register early – Don't wait! http://www.leaguelineup.com/wellsborolittleleague

 12/1/15 - 12/31/15
 \$30 first
 \$20 sibling rate
 \$20 T-Ball

 1/1/16 - 2/28/16
 \$40 first
 \$30 sibling rate
 \$30 T-Ball

 3/2/16 - Tryouts
 \$50
 ADMIN Gym
 \$40 T-Ball

FUTSAL

ADULT LEISURE

RADIO CONTROLLED MODEL AIRCRAFT: Members of the Mountain Modelaires RC Club meet every Thursday evening at the Charlotte Lappla Gym from 6:45pm-8:00pm. Various types of airplanes, helicopters and quad copters are flown. Open to the public. For club membership, inquiries, general questions, flight instructions and spectating contact Jim Bockus 570-439-7759.

TROUT UNLIMITED: 1st Monday of every month 7:00–9:00 Comm. Ctr. (New members welcome!!) Free

WELLSBORO COMMUNITY GARDENING CLUB

Come join in the fun and share your love for gardening with others! Future events: Wildflower walks, guest speakers, Visits to community gardens, plant Swap and more! Meets last Monday of every month 6:30 – 8:30 p.m. at the Wellsboro Community Center. Call Bonnie Rogers, Master Gadener70.724.1617.

Pavilion Reservations 2016: 570.724.0300

Packer Park - Woodland Park - Nessmuk Lake

Online Program Registration available at www.wellsbororecreation.org

Wellsboro Parks & Recreation

www.wellsbororecreation.org

WINTER FEST:

January 16, 2016 Winter fun for the family! Hills Creek State Park 10:00 am - 3:00 pm Ice Skating, Ice Fishing, Cross Country Skiing, and Snowshoeing, Sledding, Refreshments and more! In conjunction with Hills Creek State Park and Step Outdoors Network

STEP OUTDOORS

2016 Winter Outings: GET OUT and get active this winter with free, healthy outings each weekend starting Jan. 1st through the end of February. Bring your own gear or borrow ours while supplies last! Find out about trail conditions and other updates at www.stepoutdoors.org. Our goal is to provide updates every Wednesday. "Like" the Step Outdoors Facebook Page!

Friday January 1, 2016 – First Day Hike / Snowshoe Hike / 5 K Fun Run 1-

2:30 pm at Hills Creek State Park - Beach Parking Area Saturday January 2, 2016 - Sand Run Fall Hike - Snowshoe

9am – 1 pm Tioga State Forest, Sand Run Falls Trailhead

Saturday January 9, 2016 - Rock Climbing Open House

10-3:00 pm Mansfield University – Kelchner Fitness Center

Sunday January 10, 2016 - Snowman Building / Snow Art

1-3:00 pm Ives Run Recreation Area – Stephen House Shelter

Friday January 15, 2016 Intro to Rock Climbing

5-9:00 pm Mansfield University – Kelchner Fitness Center

Saturday January 16, 2016 Winterfest

10am- 3:00 pm Hills Creek State Park, Beach Parking Area

Saturday January 23, 2016 XC Ski OR Vista Snowshoe/Hike

9:00am-12:00pm Pine Creek Rail Trail - Darling Run Parking Trailhead

Saturday January 30, 2016 Snowshoe / Sledding Hill

9:00pm- 12:00pm Nessmuk Recreation Area Parking Area

Sunday January 31, 2016 XC Ski & Skate & Ice Fishing Afternoon

1:00 pm - 4:00 pm Hills Creek State Park Beach Parking Area

Sunday January 31, 2016 - Kayak Club Open House

5:30-8:30 Mansfield University - Decker Pool

Saturday February 6, 2016 - Snowshoe Hike

9-Noon Ives Run Recreation Area - Stephen House Shelter

Saturday February 13, 2016 Eagle Talk and Watch

11 – 3PM Ives Run Recreation Center, Visitor Information

Sunday February 14, 2016 Ice Skating

9-Noon Mill Cove Main Pavilion

1pm-4pm Hills Creek State Park Beach Parking Area

Saturday February. 20, 2016 -Wellsboro Winter Celebration

11am-3pm Family Fun on the Green, Wellsboro

Sunday February 21, 2016 Mt. Tom Winter Challenge

9am- noon Mt. Tom Trails - Darling Run Parking Area

Saturday February 27, 2016 - XC Ski / Snowshoe

COMMUNITY SKI CLUB: Friday is Club night @ Ski Sawmill 4 pack of Adult/Guest lift tickets

\$68 (4 pack) or \$17 Daily club lift

FITNESS & SPORTS (2nd winter session of Fitness classes – begins March 14 tentative)

ZUMBA with KELLY: A Latin inspired dance-fitness class that incorporates pop and international music and dance movements, creating a dynamic, exciting and effective workout. Zumba known as "Zumba Fitness Party" combines fast and slow rhythms that tone and sculpt the body using and aerobic/fitness approach to achieve a unique blended balance of cardio and muscle-toning benefits. Zumba is easy to follow and the most fun workout ever! If you enjoy moving and shaking to motivating music with a group of friends while you melt inches as well as stress, then Zumba is for you! Come and join the party! Please bring water. All Fitness Levels Welcome

Starts Monday January 4, 2015 5:30-6:30 pm Charlotte Lappla Gym Instructor: Kelly Reed

PIYO LIVE: PIYO combines the muscle-sculpting, core firming benefits of Pilates with the strength and flexibility of flowing yoga movements. You'll even improve your balance and core power. We crank up the music, the speed, and the fun to give you an intense, low impact workout that will burn crazy calories and sculpt every inch of your body for a long, lean, beautiful physique. PIYO is designed to build strength & gain flexibility. The moves are fun and the music is inspiring. All fitness levels welcome!! Please bring a yoga mat & water. 6 weeks

Starts; Tuesday January 5, 2016 5:30 - 6:30 pm Charlotte Lappla Gym **Instructor:** Donna Emmick Fee: \$39 Thursday January 7, 2016 5:30 - 6:30 pm Charlotte Lappla Gym Instructor: Donna Emmick Fee: \$39

Special Pricing – take both Tuesday and Thursday PIYO Live for only \$59

CIZE LIVE w STACEY: CIZE LIVE is a dance class for dancers as well as anyone who's ever wanted to learn to dance. This isn't one of those dance classes where you just shuffle your feet to the beat. Created by Shaun T, world –famous choreographer and fitness trainer, Cize Live breaks down professionally choreographed dance routines, step-by-step, so that anyone can dance! It's so fun, it doesn't feel like a workout – but it will burn serious calories like one.

Starts Wednesday January 6, 2016 5:30-6:30 pm Charlotte Lappla Gym **Instructor**: Stacey Broughton

TYOGA RUNNING CLUB Thursday Night Runs start at 6pm year-round from in front of the Community Center at Packer Park. Join one of two different pace groups for between 30 and 60 minutes of easy to moderate running covering between 3 and 6 miles typically. Occasionally, the group runs from a different location. Check the club's Facebook page for updates. www.facebook.com/tyogarunningclub No registration required. Bring a Friend!!

INDOOR WALKING	M, W, TH	5:30 - 7:00 pm	DG Hallways (10 weeks)	Free	Begins Jan. 4, 2016
MARTIAL ARTS	M, W	6:00 - 8:30 pm	DG Gym	\$40	Bill Shumway
TABLE TENNIS	TH	7:30 - 9:00 pm	Admin Gym	Free	Gary Kennedy
ADULT FUTSAL	T, Sun	8:00 - 10:00 pm Sun 7-9 pm	Admin Gym	Free	Sam Mitchell
INDOOR TENNIS:	M, F	9:00 – 10:30 am	Admin Gym	Free	Bruce Bilder
BASKETBALL Men's Open:	M, W	7:00 – 9:00 pm	Admin Gym	FREE!	Geoff Coffee
BASKETBALL MEN'S PICK UP	Sun.	11:00 – 1:00 pm	Admin Gym	FREE!	Geoff Coffee

Afternoon/evening hours John Deleonardis & staff WEIGHT ROOM: **Morning Hours** M, W 570.724.0319 M, W, F. 5:30 - 8:00 am 3:00 - 8:30pm Fee: Annual Wristband \$25 5:30 - 6:30 am T, Thurs. 3:00 - 7:30pm T, Thurs

9:00 - 11:30am 3:00 - 6:00pm Saturday Fri.

MARY LOU PUTMAN FITNESS CENTER: Family Membership: 12 months. \$250 6 months. \$175 3 months \$120 (Golden Age (60+) half price membership) Indiv. Membership: 12 months. \$175 6 months. \$125 3 months \$87 www.wellsborosd.org FMI 570.724.0320

Daily Drop in Fee: \$5.00

ARTS & LEISURE

WATERCOLOR: Beginner -Intermediate: Learn the basic techniques of watercolor as you create your own masterpiece.

Wellsboro Community Center. Tuesday afternoons 2:00 - 4:30 p.m. Fee: \$15/session.

READY AIM SHOOT; ENJOY A NEW CAMERA: Learn how to have fun with your new digital camera, a non-technical approach. You will learn basic photography skills, subjects, compositions and lighting. Please bring your camera and instruction manual to learn how to have your own "Photographic journey." "Winter Walk About" dates to be determined Tuesday January 5, 12, February 9, 16, 23, March 1 Course begins Tuesday: January 5, 2016 Wellsboro Community Center, Queen St. 6:30-8:00pm Instructor: Tim McBride

SQUARE DANCING W/CANYON SQUARES: Are you looking for a fun filled, square dance opportunity? Here it is! A full dance schedule awaits you. Our group meets every Wednesday evening from 7:00 – 9:00 pm at the Wellsboro Middle School Cafeteria. Starts January 6, 2016 – June 2016.

FREE!