



www.wellsbororecreation.org

Register at 570.724.0300

**DOWNHILL SKIING**

**WELLSBORO SKI & SNOW BOARD CLUB:** Boys & Girls Grades K -12. Join the fun of downhill skiing at Ski Sawmill. Beginning **January 8<sup>th</sup> 2016** our club will ski each Friday evening, leaving the Old High School Parking Lot at 4:15 p.m. and returning to the Old High School Parking Lot at 9:45 p.m. With rates this low, everyone can afford to ski. 4 Weeks of skiing **\$68** (lift only) Rentals Available **ONLINE REGISTRATION AVAILABLE**  
**PARENT & GUEST RATES:** - Guest lift tickets are available for **\$68** (4 lift tickets) OR **\$17** one time lift. Parents, brothers and sisters can join!!

**MIDWEEK TRAVELER SKI CLUB:** Can you ski midweek? Have a desire to travel around in carpools? Ski Holiday Valley, Bristol, Holimont, Sawmill, Swain and more! PSIA certified instructors will accompany or lead the trips. Carpooling will be organized with group rates to area ski areas.  
Adult level program. Leader: Tim McBride

**WRESTLING PROGRAM**

**LITTLE HORNET WRESTLING:** GRADES K - 6. Instructional & competitive format Wellsboro elementary wrestlers compete in the Endless Mountains Elementary Wrestling League. Practices will be held on Tuesday & Thursday at the Old High School Gym from 5:30 – 7:00 p.m. Wrestlers will be skill grouped according to ability & experience. Scrimmages with neighboring community clubs & tournaments will comprise the schedule.  
**Please pay and register online. Fee:** \$25 Practices begin November 17, 2015 **Coach: Matt Greene (program still open)**

**BASKETBALL PROGRAM(s)**

**“BIDDY BASKETBALL” GRADE 1 & 2 – Boys (Monday) Girls (Wednesday)** Calling all first and second grade boys & girls. A basketball program created just for you with tons of fun and excitement. Learn ball-handling skills, team concepts and set your sights on the hoop! 3:15 - 4:30 p.m. beginning **February 22, 2016** at the Charlotte Lappla and continues for 4 weeks. Every participant will receive a program T-Shirt. **Fee: \$20**

**“BOYS & GIRLS BASKETBALL” GRADES 3-6:** Program begins the week of January 4, 2016 (Exception – Boys 5 & 6 is underway). Instructional format with intra-squad scrimmages. Emphasis is placed upon learning the fundamentals of basketball and skill development. Fee: \$25

<b>Grades 3 &amp; 4</b>	Girls: Tuesday, Thursday	Charlotte Lappla Gym	3:30– 5:00 p.m.	
	Boys: Monday, Wednesday	Middle School New Gym	5:30 –7:00 p.m.	Joe Mann, Kyle Smith Coaches
<b>Grades 5 &amp; 6</b>	Girls: Tuesday, Thursday	Middle School New Gym	3:30 – 5:00 p.m.	Keith Cavanaugh, Coach
	Boys: Monday, Wednesday	Middle School (Mon 5:30 – 7pm) & Admin Gym (Wed 3:15 – 5pm).		Maureen Poirier

**MARTIAL ARTS**

**KARATE KID:** Venture into the martial arts & learn self-discipline, lifetime fitness, & self-defense techniques. Please register and pay online. Mondays, Don Gill Gym begins **January 4, 2016** 6:15 - 7:30 p.m. Ages 6 through 10 **Fee: \$25** for 10 weeks Instructor: Bill Shumway, Black belt.

**PRE SCHOOL**

**TODDLER SONG PROGRAM:** Morning Song (12 months - 4 years kids under 12 months with a sibling is free) Start your day off right by sharing some special time with your child! Through music, exercise, and use of specialized play equipment such as a parachute, ribbon sticks, and play scarves, your child will benefit from improved coordination and fitness. Toddlers will also benefit from organized play in a safe environment. Please note: Children must be walking to take this class. Classes will run **TUESDAY** mornings  
Starts: January 19, 2016 6 weeks Old High School Gym 10:00am to 11:00am  
**REGISTER & PAY ONLINE** at [www.wellsbororecreation.org](http://www.wellsbororecreation.org) **Coordinator:** Sarah Rice Duterte **Fee:** \$29 (more than 1 sibling discount of \$10)

**DANCE**

**STEPS OF EXPRESSION:** Ages 4 - Adult. Students grouped according to ability. Classes held at Don Gill on Tuesday Nights. Classes start Tuesday January 12, 2016 \$65 for 45-minute 3 or more classes are ½ price per student Class times: Tuesday between the hours of 3:30 – 8:30 p.m. Classes offering instruction in Ballet, Pointe’, Jazz, Hip Hop, Twirling (Baton), Tumbling, Lyrical, and Tap. **PLEASE REGISTER & PAY ONLINE** Judi Kennedy 570-439-6097

**DANCE RUSH:** Invitational Competitive Dance Group, Monday’s starting January 4, 2016, Don Gill Cafeteria 3:30pm – 8pm  
FMI Judi Kennedy 439-6097

**BASEBALL & SOFTBALL**

**WELLSBORO LITTLE LEAGUE REGISTRATION:** Online Registration will open December 1, 2015 and Close February 28, 2016  
Register early – Don’t wait! <http://www.leaguelineup.com/wellsborolittleleague>

<b>12/1/15 - 12/31/15</b>	\$30 first	\$20 sibling rate	\$20 T-Ball
<b>1/1/16 - 2/28/16</b>	\$40 first	\$30 sibling rate	\$30 T-Ball
<b>3/2/16 - Tryouts</b>	\$50	ADMIN Gym	\$40 T-Ball

**FUTSAL**

**Futsal 2015-16:** WAYS will once again be sponsoring a travel program for players looking for increased competition this winter. There will be a U10 division coached by Kyle Smith & a U12 division coached by Eric Barlett. Players must be committed to attend 1 or 2 practices per week and 1 weekly game played on Sundays after 12pm in Williamsport at either the YMCA or the new Liberty Arena (formerly the Pickelner Arena). Players competing in the U10 division must be born 8/1/05 or after, while players competing in the U12 division must be born on 8/1/03 or after. Practices will begin in November and games are scheduled to begin on December 6, 2015 and end on March 6, 2016. Player cost will range from \$55-\$115 based on the number of players per team and will include a uniform jersey. Interested players should respond to [ways16901@gmail.com](mailto:ways16901@gmail.com). **Program Underway**

**ADULT LEISURE**

**RADIO CONTROLLED MODEL AIRCRAFT:** Members of the Mountain Modelaires RC Club meet every Thursday evening at the Charlotte Lappla Gym from 6:45pm-8:00pm. Various types of airplanes, helicopters and quad copters are flown. Open to the public. For club membership, inquiries, general questions, flight instructions and spectating contact Jim Bockus 570-439-7759.

**TROUT UNLIMITED:** 1<sup>st</sup> Monday of every month 7:00– 9:00 Comm. Ctr. (New members welcome!!) Free

**WELLSBORO COMMUNITY GARDENING CLUB**

Come join in the fun and share your love for gardening with others! Future events: Wildflower walks, guest speakers, Visits to community gardens, plant Swap and more! Meets last Monday of every month 6:30 – 8:30 p.m. at the Wellsboro Community Center.  
Call Bonnie Rogers, Master Gardener70.724.1617.

**Pavilion Reservations 2016:** 570.724.0300  
Packer Park - Woodland Park - Nessmuk Lake

Online Program Registration available at [www.wellsbororecreation.org](http://www.wellsbororecreation.org)

**WINTER FEST:**

**January 16, 2016** Winter fun for the family! Hills Creek State Park 10:00 am - 3:00 pm  
Ice Skating, Ice Fishing, Cross Country Skiing, and Snowshoeing, Sledding, Refreshments and more!  
*In conjunction with Hills Creek State Park and Step Outdoors Network*

FREE!

STEP OUTDOORS

**2016 Winter Outings:** GET OUT and get active this winter with free, healthy outings each weekend starting Jan. 1st through the end of February. Bring your own gear or borrow ours while supplies last! Find out about trail conditions and other updates at [www.stepoutdoors.org](http://www.stepoutdoors.org). Our goal is to provide updates every Wednesday. “Like” the Step Outdoors Facebook Page!

<b>Friday January 1, 2016 – First Day Hike / Snowshoe Hike / 5 K Fun Run 1-</b> 2:30 pm at Hills Creek State Park - Beach Parking Area <b>Saturday January 2, 2016 – Sand Run Fall Hike - Snowshoe</b> 9am – 1 pm Tioga State Forest, Sand Run Falls Trailhead <b>Saturday January 9, 2016 - Rock Climbing Open House</b> 10-3:00 pm Mansfield University – Kelchner Fitness Center <b>Sunday January 10, 2016 – Snowman Building / Snow Art</b> 1-3:00 pm Ives Run Recreation Area – Stephen House Shelter <b>Friday January 15, 2016 Intro to Rock Climbing</b> 5-9:00 pm Mansfield University – Kelchner Fitness Center <b>Saturday January 16, 2016 Winterfest</b> 10am- 3:00 pm Hills Creek State Park, Beach Parking Area <b>Saturday January 23, 2016 XC Ski OR Vista Snowshoe/Hike</b> 9:00am-12:00pm Pine Creek Rail Trail - Darling Run Parking Trailhead <b>Saturday January 30, 2016 Snowshoe / Sledding Hill</b> 9:00pm- 12:00pm Nessmuk Recreation Area Parking Area	<b>Sunday January 31, 2016 XC Ski &amp; Skate &amp; Ice Fishing Afternoon</b> 1:00 pm – 4:00 pm Hills Creek State Park Beach Parking Area <b>Sunday January 31, 2016 - Kayak Club Open House</b> 5:30-8:30 Mansfield University - Decker Pool <b>Saturday February 6, 2016 - Snowshoe Hike</b> 9-Noon Ives Run Recreation Area – Stephen House Shelter <b>Saturday February 13, 2016 Eagle Talk and Watch</b> 11 – 3PM Ives Run Recreation Center, Visitor Information <b>Sunday February 14, 2016 Ice Skating</b> 1pm-4pm Hills Creek State Park Beach Parking Area <b>Saturday February. 20, 2016 -Wellsboro Winter Celebration</b> 11am-3pm Family Fun on the Green, Wellsboro <b>Sunday February 21, 2016 Mt. Tom Winter Challenge</b> 9am- noon Mt. Tom Trails – Darling Run Parking Area <b>Saturday February 27, 2016 - XC Ski / Snowshoe</b> 9-Noon Mill Cove Main Pavilion
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**COMMUNITY SKI CLUB:** Friday is Club night @ Ski Sawmill 4 pack of **Adult/Guest** lift tickets

\$68 (4 pack) or \$17 Daily club lift

FITNESS & SPORTS *(2<sup>nd</sup> winter session of Fitness classes – begins March 14 tentative)*

**ZUMBA with KELLY:** A Latin inspired dance-fitness class that incorporates pop and international music and dance movements, creating a dynamic, exciting and effective workout. Zumba known as “Zumba Fitness Party” combines fast and slow rhythms that tone and sculpt the body using and aerobic/ fitness approach to achieve a unique blended balance of cardio and muscle-toning benefits. Zumba is easy to follow and the most fun workout ever! If you enjoy moving and shaking to motivating music with a group of friends while you melt inches as well as stress, then Zumba is for you! Come and join the party! Please bring water. All Fitness Levels Welcome

**Starts Monday January 4, 2015**

5:30-6:30 pm

Charlotte Lappla Gym

**Instructor:** Kelly Reed

**Fee:** \$39

**BEGINNER VINYASA YOGA:** Vinyasa means "breath-synchronized movement," and Vinyasa yoga is a series of poses that will move you through the power of inhaling and exhaling. Each class will build upon the previous one, beginning with basic postures and flowing through sun salutations. No need to have previous yoga experience. Just bring a mat, a bottle of water and an open mind. Thursday evenings 6 weeks

**Starts: Tuesday January 5, 2016**

6:45-7:45 pm

Charlotte Lappla Gym

**Instructor:** Gena Rasmussen

**Fee:** \$39

**PIYO LIVE:** PIYO combines the muscle-sculpting, core firming benefits of Pilates with the strength and flexibility of flowing yoga movements. You’ll even improve your balance and core power. We crank up the music, the speed, and the fun to give you an intense, low impact workout that will burn crazy calories and sculpt every inch of your body for a long, lean, beautiful physique. PIYO is designed to build strength & gain flexibility. The moves are fun and the music is inspiring. All fitness levels welcome!! Please bring a yoga mat & water. 6 weeks

**Starts; Tuesday January 5, 2016**

5:30 - 6:30 pm

Charlotte Lappla Gym

**Instructor:** Donna Emmick

**Fee:** \$39

**Thursday January 7, 2016**

5:30 - 6:30 pm

Charlotte Lappla Gym

**Instructor:** Donna Emmick

**Fee:** \$39

*Special Pricing – take both Tuesday and Thursday PIYO Live for only \$59*

**CIZE LIVE w STACEY:** CIZE LIVE is a dance class for dancers as well as anyone who’s ever wanted to learn to dance. This isn’t one of those dance classes where you just shuffle your feet to the beat. Created by Shaun T, world –famous choreographer and fitness trainer, Cize Live breaks down professionally choreographed dance routines, step-by-step, so that anyone can dance! It’s so fun, it doesn’t feel like a workout – but it will burn serious calories like one.

**Starts Wednesday January 6, 2016**

5:30-6:30 pm

Charlotte Lappla Gym

**Instructor:** Stacey Broughton

**Fee:** \$39

**TYOGA RUNNING CLUB Thursday Night Runs** start at 6pm year-round from in front of the Community Center at Packer Park. Join one of two different pace groups for between 30 and 60 minutes of easy to moderate running covering between 3 and 6 miles typically. Occasionally, the group runs from a different location. Check the club’s Facebook page for updates. [www.facebook.com/tyogarunningclub](http://www.facebook.com/tyogarunningclub) No registration required. Bring a Friend!!

<b>INDOOR WALKING</b>	M, W, TH	5:30 - 7:00 pm	DG Hallways (10 weeks)	Free	Begins Jan. 4, 2016
<b>MARTIAL ARTS</b>	M, W	6:00 - 8:30 pm	DG Gym	\$40	Bill Shumway
<b>TABLE TENNIS</b>	TH	7:30 - 9:00 pm	Admin Gym	Free	Gary Kennedy
<b>ADULT FUTSAL</b>	T, Sun	8:00 – 10:00 pm Sun 7-9 pm	Admin Gym	Free	Sam Mitchell
<b>INDOOR TENNIS:</b>	M, F	9:00 – 10:30 am	Admin Gym	Free	Bruce Bilder
<b>BASKETBALL Men’s Open:</b>	M, W	7:00 – 9:00 pm	Admin Gym	FREE!	Geoff Coffee
<b>BASKETBALL MEN’S PICK UP</b>	Sun.	11:00 – 1:00 pm	Admin Gym	FREE!	Geoff Coffee

<b>WEIGHT ROOM:</b>	<b>Morning Hours</b>	<b>Afternoon/evening hours</b>	John Deleonardis & staff
570.724.0319	M, W, F.	M, W 3:00 – 8:30pm	
<b>Fee:</b> Annual Wristband \$25	T, Thurs	T, Thurs. 3:00 – 7:30pm	
	Saturday	Fri. 3:00 – 6:00pm	

<b>MARY LOU PUTMAN FITNESS CENTER:</b>	Family Membership: 12 months. \$250	6 months. \$175	3 months \$120
<i>(Golden Age (60+) half price membership)</i>	Indiv. Membership: 12 months. \$175	6 months. \$125	3 months \$ 87
<a href="http://www.wellsborosd.org">www.wellsborosd.org</a> FMI 570.724.0320	<b>Daily Drop in Fee: \$5.00</b>		

ARTS & LEISURE

**WATERCOLOR: Beginner -Intermediate:** Learn the basic techniques of watercolor as you create your own masterpiece.

Tuesday afternoons2:00 – 4:30 p.m.

Wellsboro Community Center.

Fee: \$15/session.

**READY AIM SHOOT; ENJOY A NEW CAMERA:** Learn how to have fun with your new digital camera, a non-technical approach. You will learn basic photography skills, subjects, compositions and lighting. Please bring your camera and instruction manual to learn how to have your own “Photographic journey.” “Winter Walk About” dates to be determined **Tuesday January 5, 12, February 9, 16, 23, March 1**  
Course begins Tuesday: January 5, 2016 Wellsboro Community Center, Queen St. 6:30- 8:00pm **Instructor:** Tim McBride **Fee:** \$39

**SQUARE DANCING W/CANYON SQUARES:** Are you looking for a fun filled, square dance opportunity? Here it is! A full dance schedule awaits you. Our group meets every Wednesday evening from 7:00 – 9:00 pm at the Wellsboro Middle School Cafeteria. Starts January 6, 2016 – June 2016.