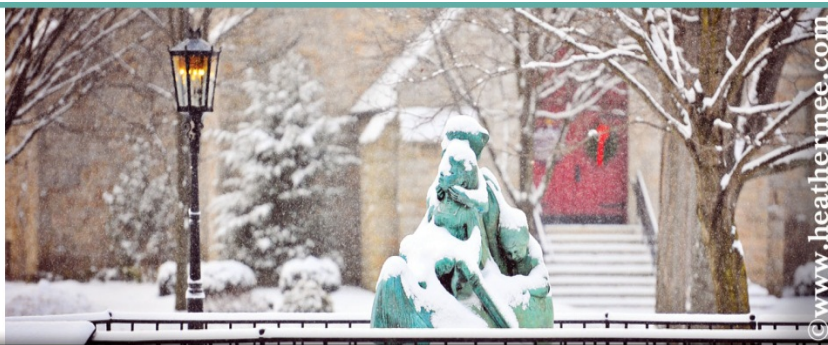


# Wellsboro Parks & Recreation Winter Programs

[www.wellsbororecreation.org](http://www.wellsbororecreation.org)



Register at 570.724.0300

## DOWNHILL SKIING

**WELLSBORO SKI & SNOW BOARD CLUB:** Boys & Girls Grades K -12. Join the fun of downhill skiing at Ski Sawmill. Beginning **January 5, 2018** our club will ski each Friday evening, leaving the Old High School Parking Lot at 4:15 p.m. and returning to the Old High School Parking Lot at 9:45 p.m. With rates this low, everyone can afford to ski. 4 Weeks of skiing **\$68** (lift only) Rentals Available **ONLINE REGISTRATION AVAILABLE**  
**PARENT & GUEST RATES:** Guest lift tickets are available for **\$68** (4 lift tickets) OR **\$17** one-time lift. Parents, brothers and sisters can join!!

## WRESTLING PROGRAM

**LITTLE HORNET WRESTLING:** GRADES K - 6. Instructional & competitive format. Wellsboro elementary wrestlers compete in the Endless Mountains Elementary Wrestling League. Practices will be held on Tuesday, Wed, & Thursday at the Old High School Gym from 5:30 – 7:00 pm Wrestlers will be skill grouped according to ability & experience. Scrimmages with neighboring community clubs & tournaments will comprise the schedule.  
**Fee:** \$30 Practices begin November 14, 2017 **Coach: Matt Greene (accepting new members)**

## BASKETBALL PROGRAM(S)

**“BIDDY BASKETBALL” GRADE 1 & 2:** Boys (1<sup>st</sup> grade Tuesday, 2<sup>nd</sup> grade Wednesday) Girls (Monday) Calling all first and second grade boys & girls. A basketball program created just for you with tons of fun and excitement. Learn ball-handling skills, team concepts and set your sights on the hoop! 3:15 - 4:30 pm Program starts week of **February 26, 2018** at the Charlotte Lappla and continues for 4 weeks. Every participant will receive a program T-Shirt. Fee: \$25

**“BOYS & GIRLS BASKETBALL” GRADES 3-4:** Program begins the week of January 9, 2017

Instructional format with intra-squad scrimmages. Emphasis is placed upon learning the fundamentals of basketball and skill development. Fee: \$30/  
**Grades 3 & 4** Girls: Tuesday (*extended sessions 9wks*) Charlotte Lappla Gym 3:15 – 4:45 pm Brigette Largey  
Boys: Monday, Wednesday (*6wks*) Charlotte Lappla Gym 3:15 – 4:45 pm Sheri Sunderland

**“BOYS & GIRLS BASKETBALL” GRADES 5-6:** Program begins the week of November 6, 2017 – Program currently underway.

Instructional format with intra-squad scrimmages. Emphasis is placed upon learning the fundamentals of basketball and skill development. Fee: \$30  
**Grades 5 & 6** Girls: Tuesday, Thursday Middle School New Gym 3:30 – 5:00 pm Darrel Morris  
Boys: Monday, Wednesday Admin. Gym (Mon 5:30 – 7pm) & New MS Gym (Wed 6 – 7:30 pm) Joe Mann

## MARTIAL ARTS

**KARATE KID:** Venture into the martial arts & learn self-discipline, lifetime fitness, & self-defense techniques. Please register and pay online. Mondays, Don Gill Gym Program starts January 8, 2018 6:15 - 7:30 pm Ages 6 through 10 **Fee: \$30** for 10 weeks Instructor: Bill Shumway, Black belt.

## STEM: SCIENCE ENRICHMENT

**STEM Jr:** KDG – 1<sup>st</sup> Grade. Fun with Coding! After-school STEM exploration program for students in kindergarten and first grade. The students will be introduced to robotics and computer coding through fun, hands on projects. Class will be held at Don Gill on Wednesdays from 3:30 to 4:30pm for (6) weeks beginning January 24. Cost is \$50. Online registration opens December 18, 2017

**STEM +:** Grades 2 & 3. Fun with Coding! After-school STEM enrichment program for students in second and third grade. The students will be introduced to robotics and computer coding through fun, hands on projects. The program is designed to build teamwork, creativity, critical thinking, and problem solving skills. Class will be held at Don Gill on Thursdays from 3:30 to 5:00 pm for (6) weeks beginning January 25. Cost is \$55. Online registration opens December 18, 2017

## PRE SCHOOL

**TODDLER SONG PROGRAM:** Morning Song (12 months - 4 years) Start your day off right by sharing some special time with your child! Through music, exercise, and use of specialized play equipment such as a parachute, ribbon sticks, and play scarves, your child will benefit from improved coordination and fitness. Toddlers will also benefit from organized play in a safe environment. **THURSDAY, 9 – 10am First Session** January 11, 2018 (4 weeks) **Second Session** February 8, 2018 (4 weeks). **Coordinator: Sarah Rice Duterte** **Fee:** \$29 (2<sup>nd</sup> sibling \$19) Children under 12 months with a sibling- free. Please note: Children must be walking to take this class. Admin. Gym

## DANCE

**STEPS OF EXPRESSION:** Ages 4 - Adult. Students grouped according to ability. Classes held at Don Gill on Tuesday Nights. Classes start Tuesday January 9, 2018 \$65 for 45-minute 3 or more classes are ½ price per student Class times: Tuesday between the hours of 3:30 – 8:30 pm Classes offering instruction in Ballet, Pointe', Jazz, Hip Hop, Twirling (Baton), Tumbling, Lyrical, and Tap. **PLEASE REGISTER & PAY ONLINE** Judi Kennedy 570-439-6097

**DANCE RUSH:** Invitational Competitive Dance Group, Monday's starting January 8, 2018, Don Gill Cafeteria 3:30 pm – 8 pm FMI Judi Kennedy 439-6097

## BASEBALL & SOFTBALL

**WELLSBORO LITTLE LEAGUE REGISTRATION:** Online Registration will open December 1, 2017 and Close February 28, 2018.

<http://www.leaguelineup.com/wellsborolittleleague> Fee: \$30.00 December 1 to December 31 Fee: After Jan. 1 \$40 first \$35 sibling rate

## FUTSAL

**FUTSAL 2017-18:** WAYS will once again be sponsoring Futsal teams for players looking for increased competition this winter. If there is enough interest, there will be a U10 team (players born in 2008 & 2009) and a U12 team (players born in 2006 & 2007). Players must be committed to attend 1 or 2 practices per week and a weekly game played on Saturday (after 3:00pm) or Sunday (between 12:00 and 10:00pm) in Williamsport at the YMCA or the Liberty Arena. Games scheduled to begin on December 2, 2017 with a 10-week game schedule. Player cost will range from \$100 - \$125 and includes a uniform jersey and all fees. Interested players should respond to [ways16901@gmail.com](mailto:ways16901@gmail.com) or sign up at the Parks and Rec office no later than October 15. **PROGRAM IS UNDERWAY**

## ADULT LEISURE

**RADIO CONTROLLED MODEL AIRCRAFT:** Members of the Mountain Modelaires RC Club meet every Thursday evening starting November 9, at the Charlotte Lappla Gym from 6:45pm-8:00pm. Various types of airplanes, helicopters and quad copters are flown. Open to the public. For club membership, inquiries, general questions, flight instructions and spectating contact Jim Bockus 570-439-7759.

**TROUT UNLIMITED:** 1<sup>st</sup> Monday of every month 7:00– 9:00 Comm. Ctr. (New members welcome!!) Free

## WELLSBORO COMMUNITY GARDENING CLUB

Come join in the fun and share your love for gardening with others! Future events: Wildflower walks, guest speakers, Visits to community gardens, plant Swap and more! Meets last Monday of every month 6:30 – 8:30 p.m. at the Wellsboro Community Center. Call Bonnie Rogers, Master Gardener 70.724.1617.

**Pavilion Reservations 2018 570.724.0300**

**Packer Park - Woodland Park - Nessmuk Lake**

Online Program Registration available at [www.wellsbororecreation.org](http://www.wellsbororecreation.org)

# Wellsboro Parks & Recreation

www.wellsbororecreation.org

570.724.0300

## STEP OUTDOORS – Now Serving Tioga & Potter Counties

### WINTER FEST:

**January 20, 2018** Winter fun for the family! Hills Creek State Park 10:00 am - 3:00 pm FREE!  
Ice Skating, Ice Fishing, Cross Country Skiing, and Snowshoeing, Sledding, Refreshments and more! Hills Creek State Park.

**2018 Winter Outings:** GET OUT and get active this winter with free, healthy outings each weekend starting Jan. 1st through the end of February. Bring your own gear or borrow ours while supplies last! Trail conditions and other updates at [www.stepoutdoors.org](http://www.stepoutdoors.org) every Wednesday. "Like" the Step Outdoors Facebook Page!

### Monday January 1, 2017 – First Day Hike / Snowshoe Hike / 5 K Fun Run

1-2:30 pm at Hills Creek State Park - Beach Parking Area

### Saturday January 6, 2018 – Mill Cove Hike/Snowshoe

9 am – 11 am Mill Cove – Main Pavilion, Mill Cove, PA State Parks

### Saturday January 6, 2018 – Eagle Watch

1-2 pm Ives Run Mixing Channel, Recreation Area

### Sunday January 7, 2018 – Snowman Building / Snow Art

1-3:00 pm Ives Run Recreation Area – Stephen House Shelter

### Saturday January 13, 2018 – Family Climbing Day

10-3:00 pm Mansfield University – Kelchner Fitness Center

### Sunday January 14, 2018- Winter in the Lumber Camp

10 am -3:00 pm PA Lumber Museum, Main Parking Area

### Saturday January 20, 2018- Hills Creek Winter Fest

7:00 am- 1:00 pm Hills Creek State Park Beach Parking Area

### Saturday January 27, 2018- Snowshoe Hike/Ice Fishing Intro

9:00 am –11:00 am Lyman Run State Park Day Use Area

1-2 pm Intro to Ice Fishing, Lyman Run Boat Launch

### Sunday January 28, 2018- Snowshoe/Hike/Sledding Hill

1:00 pm – 3:00 pm. Nessmuk Recreation Area – Parking Area

### Sunday January 28, 2018 - Kayak Club Open House

6:00-8:00 pm Mansfield University - Decker Pool

### Saturday February 3, 2018 – Intro to XC Skiing

Noon - 2 pm Sinnemahoning State Park – Park Office & Wildlife Center

### Sunday February 4, 2018- Eagles in Winter Snowshoe Hike

9:00 am-10:30 am Ives Run Recreation Area Visitor Information Center

### Friday February 9, 2018 Planetarium Open House

7:00 pm – 8:30 pm Strait Planetarium – Mansfield University

### Friday – Sunday, February 9-11 Snow Mobility Weekend

Various times – PA Lumber Museum – Main Parking Area

### Saturday, February 10 – XC Ski Tour

9 am – 2 pm – PA Lumber Museum – Main Parking Area

### Saturday, February 10 – Snowshoe Hike

9-11 am – Lyman Run State Park – Day Use Parking

### Saturday February 17, 2018 -Wellsboro Winter Celebration

12:00 -3 pm Family Fun on The Green, Wellsboro

### Sunday February 18, 2018 Mt. Tom Winter Challenge

9 am- noon Mt. Tom Trails – Darling Run Parking Area

### Saturday February 24, 2018 Canyon Sled Dog Challenge

9-Noon - Pine Creek Trail - Darling Run Parking Area

### Saturday February 24, 2018 Coudersport Winterfest

1 – 4 pm Coudersport Area Recreation Area, Main area

### Weekly Step Outdoor Events:

**HIKING w/DARYLL WARREN:** Monday & Saturday, 9 am

Packer Park lot to carpool, Queen St Wellsboro – Various hike locations.

**SUNDAY "Fun day" SNOW BIKING:** Sunday, 9 am

Asaph US Geological Survey Parking lot Oswald Cycle Group leader - Bring your FAT Tire Bike!

**TYOGA RUNNING CLUB: Thursday Night Run** Start at 6pm year-round from in front of the Community Center at Packer Park. Come on out for a group run. Multiple pace groups for almost any ability level. Yes – it is dark, so bring headlamp/lights. Yes, the group runs in almost any conditions. Distances vary. Look up the club on Facebook for more info. Leader(s): Tyoga Running Club members

**WALK WORKS:** Our latest initiative of Step Outdoors. Safe PennDot approved walking routes. Time to get off the couch and out of the house. Safe Walking routes have been developed in Wellsboro, Blossburg, and Mansfield. Families are encouraged to walk together and instill a lifelong fitness activity in your daily routine. For walking maps, go to <http://tiogapartnership.org/walkworks>

### FITNESS & SPORTS (2<sup>nd</sup> winter session of Fitness classes to follow)

**ZUMBA with STACEY:** Zumba is a fusion of Latin and International music/dance themes that create a dynamic, exciting workout, based on the principle that a workout should be "FUN AND EASY TO DO." The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body.

**Starts Monday January 8, 2018**

5:00-6:00 pm

Charlotte Lappla Gym

**Instructor:** Stacey Broughton

**Fee:** \$39

**VINYASA YOGA:** A flowing class that focuses on basic postures and alignment, building strength, and calming the busy mind. This class is suitable for all levels. No need to have previous yoga experience. Just bring a mat, towel, bottle of water and an open mind. Monday evenings 6 weeks

**Starts Monday January 8, 2018**

6:30-7:30 pm

Charlotte Lappla Gym

**Instructor:** Gena Rasmussen

**Fee:** \$39

**BOOTCAMP:** Combines the best of cardiovascular and strength training. Expect to challenge your mind & body as you alternate between high and low intensity exercises through timed intervals of free weights, plyometrics, cardio training & balance work. You get EVERYTHING you need in a team environment. We mix it up and keep you pushing! Expect the unexpected! All fitness levels welcome! Please bring weights & water. **Tuesdays & Thursdays – 5:00- 6:00 pm**

**Starts Tuesday January 9, 2018**

5:00 - 6:00 pm

Charlotte Lappla Gym

**Instructor:** Donna Emmick

**Fee:** \$39

1 class per week \$39.00 or take 2 classes per week for \$59.00

**FULL STRENGTH:** For anyone looking to get lean, toned, fit and strong. Using light, moderate or heavy weights to build strength in every major muscle group. We cycle through challenging moves to burn some serious calories and sculpt! No cardio here... just using free weights to challenge you every class with compound and isolation movements from circuits to floor work. You'll leave each class feeling stronger and motivated! All fitness levels welcome! You choose the intensity!!!! Please bring weights & water. 6 Week sessions

**Starts Wednesday January 10, 2018**

5:15-6:15 pm

Charlotte Lappla Gym

**Instructor:** Donna Emmick

**Fee:** \$39

**Senior INDOOR PICKLE BALL:** If you like to play tennis or ping pong, you will love the game of pickle ball. Come to the Admin gym on Monday, Thursday & Friday, 8:30 – 10am. Starting November 13, 2017. Wear sneakers, sweat pants, and get ready to HAVE SOME FUN! Free. Coordinator: Marge Hoffman

### INDOOR WALKING

M, W, TH

5:30 - 7:00 pm

Old HS weight room entrance Free

Begins Jan. 8, 2018

### MARTIAL ARTS

M, W

6:00 - 8:30 pm

DG Gym \$45

Bill Shumway

### TABLE TENNIS

TH

7:30 - 9:00 pm

Admin Gym Free

Gary Kennedy

### ADULT FUTSAL

T, Sun

7:00 - 9:00 pm Sun 6-8 pm

Admin Gym Free

Sam Mitchell

### INDOOR TENNIS/Pickle ball

M, F

8:30 - 10:30 am

Admin Gym Free

Marge Hoffman

### BASKETBALL MEN'S OPEN

M, W

7:00 - 9:00 pm

Admin Gym Free

Geoff Coffee

### BASKETBALL MEN'S PICK UP

Sun.

11:00 - 1:00 pm

Admin Gym Free

Geoff Coffee

### MEN'S RECREATIONAL BASKETBALL

T

7:30 - 9:30 pm

MS Old Gym Free

Todd Coolidge

### WEIGHT ROOM:

**Morning Hours:** M, W, F. 5:30 – 8:00 am

T, Thurs 5:30 - 6:30 am

Saturday 9:00 – 11:30 am

**Evening Hours:** M, W 5:00 – 8:30 pm

T, Thurs. 5:00 – 7:30 pm

Fri. 5:00 – 6:00 pm

WASD Students M – F 2:30 – 5:00 pm

(Students are admitted free)

FEE: (1 year \$48.00) (9 months \$36.00) (6 months \$24.00) (3 months \$12.00) (Monthly Fee of \$4.00)

Admin Bldg. FMI 570. 724.0319 During open hours

### MARY LOU PUTMAN FITNESS CENTER:

Family Membership: 12 months \$250

6 months \$175

3 months \$120

**Senior's 62+ always half price!**

Indiv. Membership: 12 months. \$175

6 months. \$125

3 months \$ 87

**Daily Drop in Fee: \$5.00**

### ARTS & LEISURE/PHOTOGRAPHY/SQUARE DANCING

**WATERCOLOR: Beginner -Intermediate: WATERCOLOR CLASSES WILL RETURN ON APRIL 10, 2018.** Learn the basic techniques of watercolor as you create your own masterpiece. Tuesday afternoons 2:00 – 4:30 pm Wellsboro Community Center. Please call Marci Borden for more information 570-724-1394

**READY AIM SHOOT: ENJOY YOUR CAMERA:** Learn how to have fun with your new digital camera, a non-technical approach. You will learn basic photography skills, subjects, compositions and lighting. Please bring your camera and instruction manual to learn how to have your own "Photographic journey."

**WEDNESDAY EVENINGS** Wellsboro Community Center, 6:30 – 8:00 pm January 3, 10, 17, 2018 February 7, 21 2018 **Instructor:** Tim McBride **Fee:** \$39

**SQUARE DANCING W/CANYON SQUARES:** Are you looking for a fun filled, square dance opportunity? Here it is! A full dance schedule awaits you. Our group meets every Wednesday evening from 7:00 – 9:00 pm at the Wellsboro Middle School Cafeteria. Starts January 3, 2018 – June 2018.