



Wellsboro Parks & Recreation

Summer Programs



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www.wellsbororecreation.org

Register at 570.724.0300

PACKER COMMUNITY POOL Opens June 2, 2015 @ 1:00pm. Northern Tier's Only Olympic Size Facility
Daily Swim hours: 1:00 – 7:00 pm M - F 1:00 – 6:00pm SA – Sun. Weather permitting
Daily Rates: Adults - \$3.75 Students - \$3.50 Baby Pool - \$2.50
 Family Membership: \$149. (Family unit = Parents & legal dependents)
 Individual Membership: \$84.00 **Sr. Citizens – FREE Admission- Any time (Ages 62 and over)**

SWIMMING LESSONS: **First Session** June 22 - July 10 **Second Session** July 13, 2015 to July 31, 20145
 Advanced Stroke 9:00 - 9:30 am
 Intermediate 9:30 - 10:00 am
 Beginner 10:00 – 10:30 am 10:30 – 11:00 am 11:00 – 11:30 am
 Classes held Monday, Wednesday, Friday Fee - \$37.00 per 3 week session.

Private and Semi-Private Swimming Lessons available. Adult lessons too! Contact Deb King after 1:00pm 570.724.3650

LIFEGUARD COURSE: June 3-9, 2015 9:00am – 1:00pm. Class begins at the WASD Admin building, Music Room (Old High School).
Course Pre-Requisites 15 years old MUST BE ABLE to Swim 300 yards continuously demonstrating breath control and rhythmic breathing. Tread water for 2 minutes using only the legs. Complete a timed swimming event within 1 minute 40 seconds, exit the water without using a ladder or steps. **New Certification** \$195.00 **Re-Certification:** June 10, 11, 12 \$75.00
 Call 724-0300 to register or go online to www.wellsbororecreation.org > program registration tab

PACKER POOL BIRTHDAY PARTIES: Have your Child's party at Packer Pool! It's a really cool idea for a summer birthday. Reserve your date now! For more information contact Deb at Packer Pool. 570.724.3650

FAMILY FLOAT SUNDAY: Bring your rafts and water floats to Packer Pool on Sunday's from 1- 6: pm

YOUTH SPORTS & LEAGUES

WELLSBORO AREA YOUTH SOCCER (WAYS): Fall Season Fee **\$30.00 Family Discount for 3rd sibling.** Multiple age groups for boys and girls entering grades K-12. Soccer clinics as well as expanded player schedules will necessitate your registration now!
 ONLINE REGISTRATION until June 5, 2015 www.wellsbororecreation.org

MATT SMITH SUMMER SOCCER CAMP: Early Summer Camp. Boys & Girls 1st – 9th grade. June 15 – 19th, 9am – 3pm daily. Soccer Academic Camp has been designed to meet the needs of a variety of youth players with a strong emphasis placed on player development, creativity and team play. **Wellsboro High School Wing Field** Cost: \$150.00 includes soccer ball, t-shirt and water bottle.
 Directed by: Matt Smith one of the top 10 college coaches in NCAA history. Register at socceracademyinc.com

TIM DEMPSEY SOCCER DAY CAMP: Late Summer Camp. Boys and Girls ages 5 – 14. Aug. 3 – 6 (9am – 11am Ages 5 – 7) (9am – Noon Ages 8 -14). Wellsboro Little League Fields. Soccer skill development and fun drills and games will make for a great time. **Fee: \$65.00 for WAYS members ages 5-7, and \$70.00 Non-members, \$85.00 for WAYS members age 8-14, and \$90.00 for non-member's \$5.00 sibling discount offered.** Each participant will receive: T-shirt. Instruction by Tim Dempsey, Mansfield University Soccer, 570-404-4348 Registration forms available at Parks & Recreation office or Contact Tim Dempsey @ Dempsey5@ptd.net

COMPETITIVE SWIMMING

SUMMER COMPETITIVE SWM TEAM: Ages 5 -18 Welcome. Must be able to swim continuously for 25 yards Greater Susquehanna Valley Swim League Competition, Practices and meet schedule begin in June. All meets are Tuesday, Thursday, & Saturday.
Registration Fee: \$35.00 plus pool membership. Go to www.wellsboro.swimtopia.com to register online.

JUNIOR GOLF

TYOGA YOUTH GOLF CLINIC: Youth entering Grades 3-9. Come and let a golf pro teach you the basics of the grip, full swing, pitching, chipping, putting and will introduce each participant to the basic rules and on-course etiquette. Clinic runs Monday evenings beginning July 6 to August 10 (6 weeks) 4:30- 6:00 pm at Tyoga Country Club. Clubs provided or bring your own. **FEE: \$29.00** **Register online at** www.wellsbororecreation.org

TENNIS

LEARN TO PLAY TENNIS: 1st Session June 15-26 Free 2nd Session June 29 – July 10 \$25.00 3rd Session July 13-24 \$25.00
 9:00 - 9:30am Munchkin Tennis Age 4-7 Uses USTA red balls small rackets (provided)
 10:00-10:45am Bumble Bee Tennis Ages 8-12, uses USTA approved orange and green balls
 4:00 - 5:00 pm Hornet Tennis Ages 13-17 learn to play or improve your skills
 5:00 – 6:00 pm Adult Tennis Ages 18-up Learn to play or improve your skills
 Classes will be held Monday through Thursday (with Friday being a makeup day).
 Register online at www.wellsbororecreation.org or 570-724-0300

TENNIS LESSONS - PRIVATE and SEMI- PRIVATE: All ages are available. Contact Marge Hoffman at Margery.hoffman1@gmail.com \$15.00 per ½ hour

MARTIAL ARTS

KARATE KIDS: Ages 6-10 Summer class will be held on Monday evenings at Woodland Park from 6:15 – 8:00pm Begins June 8, 2015 FEE: \$25.00

KARATE: Wellsboro's award winning Karate program continues throughout the summer months. Don't stop now there's much more to achieve. Monday & Wednesday beginning June 3 from 6:15 – 8:00pm at Woodland Park **Instructor:** Bill Shumway, 4th Degree Black Belt **FEE:** \$40.00

PAVILION RESERVATIONS
WOODLAND PARK, PACKER PARK, and NESSMUK LAKE
570.724.0300

SMALL FRY FOOTBALL

SMALL FRY FOOTBALL REGISTRATION: Registration Fee: \$30 for the first child, \$25 for each additional family member

Small Fry Football – Kindergarten will be a flag football format. The flag team will travel with grades 1-6 and play the same day.

Small Fry Football joined the NTL Small Fry League! We will be playing Cowanesque Valley, Southern Tioga, Troy, Canton, Sayre, Towanda and Wyalusing this season. There will be home and away games on weekends. This is a **tackle** format league. The program is open to grades K-6. All equipment is furnished (except shoes).

Practices are after school. Practice is slated to begin August. Travel Required. [Register and Pay online](#) www.wellsbororecreation.org

LITTLE STINGERS CHEERLEADING REGISTRATION: Copy of birth certificate is needed to register. Early Registration Fee: \$25.00 after June 16th \$30.00.

Last day to register is August 11, 2015 Learn the basics of cheerleading. Cheers and dance routines with uniforms provided (except shoes) The Lil' Stingers will perform for all Small Fry Football Games on Sunday afternoons. Program is open to Wellsboro area residents entering 1-6 grades. Call 724-0300 for registration,

[Register online](#) www.wellsbororecreation.org

ADULT LEAGUES & FITNESS PROGRAMS

ADULT TENNIS: Social Mixed Doubles, Monday 7:00-9:00 pm. June 1- Aug. 31 Packer Park Come have some fun! Ages 16 and up.

ADULT BASKETBALL LEAGUE: HS - Adult, 5-7 players. Games M, W evenings. Packer Park beginning June 21. Coordinator: Geoff Coffee

ADULT CO ED SOFTBALL LEAGUE: Meade Street Recreation Area. Games played nightly. Concession stand – Spectators welcome/FREE Admission!

ADULT FUTSOL OUTDOOR SOCCER: TH/Sun, 6pm High School Baseball Outfield. Begins June 4. Coordinator: Sam Mitchell

SUMMER BOOT CAMP WITH ZACH: Join me this summer at the Wellsboro High School field for outdoor Boot camp classes! Boot camps are designed for maximum calorie burn in the shortest amount of time. I want to get you strong and fit while challenging your mind and your body. You can expect classes to include bouts of high intensity running jumping, pushing, pulling, body weight exercises, core exercises, and dumbbells. Classes will be challenging and fun. You will always leave feeling a sense of accomplishment! Tuesday & Thursday 1st class 5:30-6:30 pm 2nd class 6:30- 7:30pm \$5.00 for pre-registration \$7.00 for Drop Ins Call 570-724-0300 to register Class Starts June 16, 2015 Instructor: Zach Osborne

SUMMER SPEED TRAINING: Open to all high school students entering 7th-12th grade. The goal of the summer speed training program is to improve speed, agility, quickness, general fitness, and sport performance. The program will run three days a week for one hour. Each session will be packed with speed, agility, and core strengthening drills and exercises. Each session of the week will focus on a different aspect of athletic development. Monday: short sprints and acceleration Wednesday: change of direction. Friday: Long sprints and maximum speed. Each class will begin with a warm up and form run followed by core work. Each session will conclude with a short intense conditioning drill. Monday, Wednesday, Friday 10:00 am meet at the weight room at the Old High School \$5.00 for pre-registration Call 570-724-0300 to register Class starts June 15, 2015 Instructor: Zach Osborne Will run for 8 weeks

TENNIS & BASKETBALL COURT: Metered lights available for \$1.50/hr. 6 quarters to start additional quarters to advance 10 minutes each.

MARY LOU PUTMAN FITNESS CENTER WELLSBORO HIGH SCHOOL: For times go to www.wellsborosd.org and click on the Fitness Center tab

Family Membership: 12 months \$250. 6 months \$175. 3 months \$120.

Individual Membership: 12 months \$175. 6 months \$125. 3 months \$87.

Golden Age (60+) half price Individual memberships \$5.00 Drop In fee.

WEIGHT ROOM: Admin Building WEIGHT ROOM CONTAINS BARBELLS & FREE WEIGHTS AND IS LOCATED IN THE OLD HIGH SCHOOL. PHONE 724-0319

Early Morning Hours: M. & W 5:30 – 6:45 am T & TH 7:00 – 11:30 am W. & Fri 8:00 – 11:30 am Sat 9:00 – 11:30 am

Late Afternoon/Evening T & TH 4:00 – 7:30 pm Wed 4:00 – 8:30 pm Friday 4:00 – 6:00 pm

GARDENING CLUB: Master Gardeners Bonnie Rogers, Sue Sticklin have organized a community gardening club. Bonnie @ 724-1617 e-mail at sbrog@ptd.net

SQUARE DANCING: Come dance with the Canyon Squares, Wednesday 7:00 – 9:00pm. Begins June 3, 2015 until August 26, 2015 at the NYPUM Building

STEP OUTDOORS www.stepoutdoors.org

TYOGA RUNNING CLUB - GROUP RUNS - TRC hosts group runs every Thursday at 6PM. All are welcome to join. Trail runners meet in Asaph for a 6 to 10 mile challenging trail run, while a second group meets in town at the Packer Park parking lot for a 3 to 4 mile street run. For more information, please visit the TRC Facebook page: <https://www.facebook.com/tyogarunningclub>

C25K – COUCH TO 5K – If you have ever thought of running a 5K, the Tyoga Running Club can help! Join TRC every Thursday night at 6:00 PM beginning July 16th near the Packer Park Pavilion in Wellsboro. Learn about running technique, diet, footwear, etc. while training to participate in the Hills Creek Lake 5K in September. For more information, please contact Ted Sneshkoff by email: tetrini9@gmail.com or by phone: 570.439.3640

STEP OUTDOORS TRYathlon & 5 K RUN/WALK: September 19, 2015: Step Outdoors TRY Athlon at Hills Creek State Park (come run, paddle, and bike as a team or an individual participant) 10:00 am. A great introduction to a run-paddle-bike event emphasizing participation and camaraderie over competition and place of finish, as indicated by the "Try" in the name; success is in the trying! Participants can register as an individual or team. More information is available at www.stepoutdoors.org

STEP OUTDOORS: CALENDAR OF EVENTS

Nature Programming	Hills Creek State Park nearly every weekend	May 23 to Sept 6	570-724-4246 http://events.dcnr.pa.gov/
Astronomy Programming	Cherry Springs State Park nearly every weekend	May 23 to Sept 6	814-435-5010 http://events.dcnr.pa.gov/
Kid's Fishing Derby	Annual Kid's Fishing Derby	June 6	FMI Don Kelly 570-724-5138
Family Fishing Tournament	Hills Creek State Park	June 20	Weigh in at 2 & 7 pm, Awards at 8:00 pm
Relay For Life	Darling Run	June 27	Forestry Dept.
Tioga CTY Homeless Initiative	Rail Trail Bike Hike @ Darling Run	June 27	Forestry Dept.
Fireworks	Ives Run Recreation Area	July 3	Friends of Tioga Hammond & Cowanesque Lakes
Forestry Tour Armenia MT	Meet at Kwik Fill, Blossburg PA	July 18	Steve Hoover, DCNR Tioga District Office 570.724.2868
Lighted Boat Parade	Cowanesque Lake North Shore	July 18	North Shore Boat Club (Paul Watkins) 757-870-5813
PA Grand Canyon Marathon	Colton Point State Park	July 25/26	
Brayden's Trail of Strength	Asaph	August 1	Forestry Dept.
Butterfly Guy	Hills Creek State Park Amphitheater	August 1	Hills Creek State Park
Glow Swim	Cowanesque Lake Tompkins Rec. Area	August 1	Tammy Cleveland 570-835-0125
Tioga CTY First Responder Fest	South Shore Cowanesque Lake	August 8	Tammy Cleveland 570-835-0125
Eastern States 100	Little Pine State Park	August 15/16	Forestry Dept.
Annual Youth Field Day	Ives Run Recreation Area	August 22	http://www.register-ed.com/events/view/44714
Pine Creek Challenge	Rail Trail @ USGS Lab	September 12/13	Forestry Dept.
Laurel Classic Bike Race	Asaph @ USGS Lab	September 12	Forestry Dept.
Step Outdoors TRY Athlon	Hills Creek State Park	September 19	http://stepoutdoors.org
TRYathlon & 5K Run/Walk	Hills Creek State Park	September 19	Step Outdoors Network
Annual Ives Run Trail Challenge	Ives Run Recreation Area	October 10	family trail walk/run www.stepoutdoors.org
Green Monster	Asaph @ USGS Lab	October 11	Tyoga Running Club

BUCKTAILS, A LIVING ENCAMPMENT: Friday June 19 & Saturday June 20, 2015. The men of the Pennsylvania Bucktail Regiments left their communities, homes and families to preserve and protect their beloved Union during the American Civil War. Come see the Bucktail encampment at Packer Park, Open to the Public. PA Bucktails will be marching in the "PA STATE LAUREL FESTIVAL PARADE" June 20, Wellsboro PA.

BUILDING A BETTER COMMUNITY Survey: Tioga County, PA Residents, Have you had your say? Take the survey today. Your input is invaluable! Visit www.tiogapartnership.org to participate and for your chance to win gift certificates valued at \$25-100.

Register online: wellsbororecreation.org 570.724.0300